



Recycling in Oro Loma is easy! You just need to know the **RIGHT** way to do it.

Learn the **RIGHT** way to recycle in Oro Loma. Then show us what you've learned. You could win a cash prize for yourself and your school in the Oro Loma/Waste Management 2015 Earth Day Poster Contest!

The contest is open to all students in grades K-12 in the Oro Loma Sanitary District attending a school that is serviced for recycling by Waste Management.

Here are some things you need to know:

1. Recycling carts are emptied every other week. Check your recycling schedule to find your week.
2. You can get a bigger recycling cart or even an additional one for free by calling Waste Management at (510) 613-8710.
3. Recycle old cell phones and batteries by placing them in separate zipped plastic bags and putting the bags ON TOP of the recycling cart.
4. Green waste carts are emptied every week.
5. Food scraps and food-soiled paper go into the green waste cart along with yard waste.
6. Up to two gallons of used motor oil and used motor oil filters can be recycled every week by putting them into special containers and setting them out next to the garbage cart. Call (510) 613-8710 for your free motor oil recycling jugs.

To see all the things you can recycle in Oro Loma and the **RIGHT** way to recycle them, visit the District website at www.oraloma.org. Look under "Residential Garbage & Recycling."

Supervisor Miley Awards District for Its Safe Drug Disposal Partnership

Prescription and over-the-counter medications are an important part of our lives. But how do you get rid of prescriptions that have expired or were never taken?

Flushing medications down the toilet or putting them in the trash can cause serious environmental harm. Sewage treatment systems are not specifically engineered to remove pharmaceuticals, and those drugs can pass intact into waterways. Pharmaceuticals disposed of in the trash end up in landfills where they pose a threat to underlying groundwater. Traces of popular heart medications, anti-depressants, antibiotics, cholesterol-lowering drugs, chemotherapy drugs, veterinary drugs, and hormones are turning up in San Francisco Bay.

The best way to limit the amount of these potentially hazardous drugs in our water is to bring unwanted prescription and over-the-counter drugs to a Household Hazardous Waste site in Oakland, Hayward, or Livermore, or to a community collection location. Be sure to remove your name and identifying information from all medicine labels. Controlled substances are not accepted. For information on how to safely dispose of controlled substances, email HHW@acgov.org.

Oro Loma partners with the community in the collection of non-controlled pharmaceuticals. The following are three local drop-off sites for unwanted medications:

1. San Leandro Senior Center, 13909 E. 14th St., San Leandro, (510) 577-7990
2. Davis Street Family Resource Center, 3081 Teagarden St., San Leandro, (510) 347-4620
3. Medical Arts Pharmacy, 13847 E. 14th St., #103, San Leandro, (510) 357-1881

On August 18, 2014, the Alameda County MEDS Coalition Safe Drug Disposal Committee recognized the owner of Medical Arts Pharmacy, Mr. Roland Cong, with an award for his successful participation in the program. Oro Loma Industrial Waste Inspector Rodney Smith, who spearheaded the collection effort, was on hand to receive the award on behalf of Mr. Cong, who was unavailable.

l. to r. Chris Graham, Trauma Prevention Coordinator, Eden Hospital; Rodney Smith, Oro Loma Industrial Waste Inspector; Nate Miley, Alameda County Supervisor, District 4

