DO YOUR PART TO KEEP SAN FRANCISCO BAY HEALTHY
Part Two—Put Trash in Its Place

Toxins
The list of toxins that threaten the Bay is long and includes many common household items.

Pharmaceuticals
Prescription and over-the-counter medications are an important part of our lives. Sometimes our lives depend on them. But what about medicines that have expired or were never taken? Flushing them down the toilet might seem convenient but it would not be the right disposal choice. A recent water quality report has found trace amounts of popular heart medications, anti-depressants, antibiotics, cholesterol-lowering drugs, chemotherapy drugs, veterinary drugs, and hormones in San Francisco Bay.

Alameda County residents can safely dispose of unwanted pharmaceuticals by bringing them to one of three household hazardous waste collection sites in the county, or to a nearby site established by the Alameda County Medication Disposal Initiative. To find out more about household hazardous waste sites, visit www.StopWaste.org or call (800) 606-6606. For information on why it is so important to properly dispose of common drugs and for the location of a disposal center near you, visit the Alameda County Medication Disposal Initiative at http://asceniors-medisposal.net/ or call (510) 885-8743. Controlled substances can only be accepted at the Alameda County Sheriff’s Office at 15001 Foothill Blvd., San Leandro, CA 94578, (510) 667-7721.

Used Motor Oil
Oil that is used in your car, motorcycle, or boat contains hazardous contaminants such as arsenic and benzene, which are dangerous to the environment. Dumped into a storm drain, onto the ground, or put out with the garbage, the oil ends up in the Bay, in streams and rivers, or in groundwater. One gallon of used motor oil can contaminate 1 million gallons of water.

Oro Loma residents can safely and conveniently dispose of used motor oil and oil filters by placing them next to their garbage carts. Up to two gallons of used motor oil and two used motor oil filters can be recycled each week. Special containers and bags are required for recycling. These are free and available from Waste Management by calling (510) 613-8710.

Other Pollutants
The Bay Area Pollution Prevention Group lists the following additional pollutants as major threats to the environmental health of San Francisco Bay: Mercury (mercury thermometer and switches, florescent light tubes, dental amalgams); Copper (corroded copper pipes, vehicle brakes); Cyanide (metal plating); Dioxin (pesticides, plastics, solvents); Pesticides (all pesticides are toxic); PCBs (transformers and capacitors).

Do your part to keep San Francisco Bay healthy. Never use your toilet for flushing anything other than human waste and toilet paper. Don’t pour grease down the drain. Dispose of pesticides and pharmaceuticals at household hazardous waste collection sites. Household batteries and cell phones can be recycled by putting them in clear plastic bags and then placing the bags on top of the recycling cart.